

## Kentucky Behavioral Health Planning and Advisory Council Meeting Summary

May 18, 2017

10:00am to 2:00pm, Kentucky Transportation Cabinet, 200 Mero Street, Frankfort

**Council Members:** Jeanette Rheeder, Brandon Kelley, Rebecca Burton, Gayla Lockhart, Carmilla Ratliff, Peggy Roark, Steve Lyons, Evan Charles (DAIL), Steve Shannon, Maggie Krueger, Mike Barry, Sherry Sexton, Linda Lucas, Franci Middleton, Kyle Burchett, LeeAnn Kelley, Joy Hoskins, Matthew Smith, Kathryn Tillet, Kalon Bagby, Julie Neace (NAMI Lexington), Rebecca Burton, Nici Gaines (NAMI KY)

**Guests:** Caleb Griggs, Valerie Mudd, Lisa Burchett, Emily Edens, Samantha Reid

**Staff:** Michele Blevins, Melissa Runyon, Christie Penn, Allison Paul, Rita Ruggles

Topic	Discussion	Next Steps
Call Meeting to Order	Gayla Lockhart, Chair, called the meeting to order at 10:03 AM and welcomed attendees. Quorum was confirmed. Members, guests and staff introduced themselves.	
Approval of March Meeting Summary	Members reviewed the March 2017 meeting summary. Becky Burton made a motion to approve the meeting summary as written. LeeAnn Kelley seconded. <b>Motion passed.</b>	Approved minutes archive: <a href="http://dbhdid.ky.gov/dbh/kbhpa-c-summaries.aspx">http://dbhdid.ky.gov/dbh/kbhpa-c-summaries.aspx</a> .
MHBG/SABG Performance Indicators	<p>Michele Blevins shared a handout of Kentucky's Block Grant performance indicators and requested feedback on the current indicators or recommendations for new indicators. One member suggested an indicator to measure screening and assessment of youth, with a priority of children and adolescents with a substance use disorder. Another member offered that there is an opportunity to enhance PI #6 (Reduce Harm for IV Drug Users by Distribution of Naloxone/Narcan Kits) by partnering with the Department for Public Health on their initiative to provide rapid testing for hepatitis C, HIV, and pregnancy.</p> <p>Michele also shared that on September 1, 2017, BHDID staff will submit a two-year plan (called the Behavioral Health Assessment and Plan for FFY 2018-19) to the Substance Abuse and Mental Health Services Administration (SAMHSA). It is a joint application for Community Mental Health Services Block Grant funds and Substance Abuse Prevention and Treatment Block Grant funds. The Council will review the plan during its meeting on Thursday, August 17.</p>	<p>Send comments and recommendations to Michele at <a href="mailto:Michele.Blevins@ky.gov">Michele.Blevins@ky.gov</a>.</p> <p>Combined MH and SAPT Block Grant funding is anticipated to be around \$27 million.</p>
Committee Reports	<p><u>Executive Committee</u> Gayla reported that the committee meets one time per year in January.</p> <p><u>Membership Committee</u> Gayla Lockhart, Chair, reported that Maggie Krueger has been appointed as the new Vice Chair of the Council. Missy Runyon stated that there are still two vacancies for parents of children with behavioral health challenges and that staff are still in the process of notifying applicants who were not selected at this time for the Council. Printed copies of the Council brochure and Member Handbook were provided.</p>	<p>The membership application is available online: <a href="http://dbhdid.ky.gov/dbh/documents/kbhpac/MemberApp.pdf">http://dbhdid.ky.gov/dbh/documents/kbhpac/MemberApp.pdf</a>.</p>

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	<p>The Executive Director for NAMI-KY, Cathy Epperson has taken a new job and will no longer serve as representative for NAMI-KY. Staff have been in contact with the Board Chair of NAMI-KY and they will work to send a representative as soon as able to do so.</p> <p><u>Finance and Data Committee</u> Staff provided a description and copies of the “beige sheets” (documents with the allocations of block grant funds) that were provided at the March Finance and Data Committee meeting.</p> <p><u>Bylaws Committee</u> Committee has not met but there are some items to be discussed and staff reported that due to member feedback a Committee meeting likely needs to occur.</p> <p><u>ad hoc Committees</u> Mike Barry, CEO of People Advocating Recovery, Chair, that he has agreed to lead this committee due to vacancy created by Cathy Epperson’s departure. Mike reviewed his list of members. Steve Shannon volunteered to be a part of the committee.</p>	<p>DBH Staff will work with Steve to schedule a meeting.</p> <p>Mike reported that he will schedule a conference call soon and notify members.</p>
Legislative Update	Steve Shannon, Executive Director of the Kentucky Association of Regional Programs, Inc., provided an overview of the legislative process and the 2017 legislative session. Steve shared with members lists of House Bills and Senate Bills that were of interest to the stakeholders he represents, community mental health centers. Steve also shared information about how members can stay abreast of legislation and provide comments to legislators. Steve offered to serve as a resource for members who would like more information.	<p>KARP: <a href="https://sites.google.com/site/kentuckymhcs/">https://sites.google.com/site/kentuckymhcs/</a></p> <p>Kentucky Legislature: <a href="http://www.lrc.ky.gov/">http://www.lrc.ky.gov/</a></p>
iHOPE Presentation <i>(Helping Others Pursue Excellence)</i>	<p>Missy Runyon provided an overview of the iHOPE programs which utilize a coordinated specialty care model for individuals experiencing their first episode of psychosis (or shortly afterward) may choose. There is a required 10% Set Aside, of MHBG funds, for First Episode Psychosis (FEP) programming \$696,021 for 2017.</p> <p>Samantha Reid, a Program Director at Cumberland River Community Care’s iHOPE program, provided an overview of their regional program, shared a success story and explained the components of the program that are producing successful outcomes for young adults and their families.</p>	
Oxford House Presentation	Emily Edens, an Outreach Worker with Kentucky Oxford House, provided an overview of the group home loan program designed to support those in recovery from alcohol and substance misuse. Emily shared state and national data and provided members with a list of the Oxford Houses in Kentucky.	Kentucky Oxford House: <a href="http://dbhidid.ky.gov/dbh/oxfordhouse.aspx">http://dbhidid.ky.gov/dbh/oxfordhouse.aspx</a>
Member Updates	<ul style="list-style-type: none"> <li>• Mike Barry shared that the Kentucky Recovery Rally is September 7<sup>th</sup> at the Muhammad Ali Center in Louisville. The Mike Townsend Leadership Academy is August 14-16. Mike shared that a new advocacy group is</li> </ul>	People Advocating Recovery: <a href="http://www.peopleadvocatingrecovery.org/">http://www.peopleadvocatingrecovery.org/</a>

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	<p>being developed called the Addiction Policy and Advocacy Council. Mike invited members to subscribe to his weekly e-newsletter.</p> <ul style="list-style-type: none"> <li>• Maggie Krueger reported that the Somerset Survivors of Suicide group has been meeting for three months.</li> <li>• Carmilla Ratliff reported that Kentucky Partnership for Families and Children is hosting a 5k Color Run on May 20, and the Youth Parent Conference June 16-18 at the Lexington Ramada Inn.</li> <li>• Missy Runyon shared that Carmilla was honored with the Molly Clouse Lifetime Achievement Award at the Peer Excellence Awards.</li> <li>• Nici Gaines shared that Cathy Epperson has taken another job and that the organization is currently searching for a new Executive Director.</li> <li>• Joy Hoskins provided information about the Department for Public Health's Mobile Pharmacy.</li> <li>• Franci Middleton shared that she completed KPFC's family peer specialist training and is now a certified family peer specialist.</li> <li>• Sherry Sexton shared that she is working to become an Ending the Silence facilitator, is providing a presentation at an upcoming conference and has completed her first year of graduate social work program.</li> </ul>	<p>Kentucky Partnership for Families and Children:  <a href="https://kypartnership.org/">https://kypartnership.org/</a></p> <p>NAMI KY:  <a href="http://namikyadvocacy.com/">http://namikyadvocacy.com/</a></p>
Adjourn Meeting	The meeting adjourned at 2:02 PM.	<p><u>Next Meeting:</u>  Thursday, Aug. 17, 2017  10:00 a.m. – 2:00 p.m.  Transportation Cabinet, Room C107</p>